

Beyond 'Them and Us'

Valuing Lived Experience and Working Towards a New Inclusive Culture in Mental Health Care

Friday 6 November 2015

The Met Hotel, King Street, Leeds LS1 2HQ

Join in the conversation on Twitter before and during the event using conference hashtag:

 #Lived15

There is increasing recognition of the value of lived experience and the important contribution people with personal experience of mental health issues can make to mental health care. Peer workers already exist in a number of different organisational work settings and roles. However, at the same time, many other professionals also have valuable lived experience, which could be an asset to services. How can we work towards acknowledging and embracing all of our lived experience in the most helpful, effective and appropriate ways? How can we work together to challenge the stigma which continues to exist in many services and settings? How can we capture the power and promise of the wealth and breadth of lived experience available to us? Let's make the most of all the expertise we have, with a view to improving services and care and working towards a more inclusive, less stigmatising culture for all. This conference follows on from the successful Lived Experience in The Workforce conference which took place in 2013.

PROGRAMME

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| <p>9.00am Registration</p> <p>9.30am Welcome and Introduction
Chris Butler, Chief Executive, Leeds and York Partnership NHS Foundation Trust</p> <p>9.40am Lived Experience in the Workforce – Values, Challenges and Opportunities in Mental Health Care
Rachel Perkins OBE, Chair of Equality 2025</p> <p>10.05am Making the Most of Therapeutic Relationships Whilst Maintaining Boundaries
Marie-Claire Trevett, AHP Lead Adult and OPS Directorate, Leeds & York Partnership NHS Foundation Trust</p> <p>10.30am The Rabbit Revealed – Out into the Open, A Personal Journey
Robert Berry, Clinical Team Manager, Leeds & York Partnership NHS Foundation</p> <p>11.00am ~ Morning refreshments ~</p> <p>11.20am Working Towards a More Inclusive, Less Stigmatising Culture
Time for Change</p> | <p>11.50am Sharing Lived Experience in Practice – A Considered Approach
Jonny Lovell, PhD Student, International Centre for Mental Health Social Research Department of Social Policy and Social Work, University of York</p> <p>12.15pm Questions & Reflections</p> <p>12.30pm ~ Lunch ~</p> <p>1.30pm Mind – Peer Support
Leeds Mind Wellbeing Service</p> <p>1.50pm Workshops</p> <p>3.00pm ~ Afternoon refreshments ~</p> <p>3.15pm Playback Theatre Performance</p> <p>4.30pm Final Comments & Close</p> |
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Topic areas will include:

- How can we best value, embrace and promote the importance of lived experience?
- What are the potential benefits to services, professionals and patient care?
- How can we promote an empowering, more inclusive, less stigmatising culture?
- How can we explore and address workforce challenges?
- How can we share, learn from and expand on best practice?

Who should attend? This conference is suitable for all staff from NHS, health and social care, third sector and private organisations who want to deliver recovery focused services.

Course fees: £85. All learning materials, lunch and refreshments are included.

Reservations: If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to andrewsimscentre.lypft@nhs.net



For more information visit our website:

www.andrewsimscentre.nhs.uk

email andrewsimscentre.lypft@nhs.net or call 0113 855 5638

RESERVATION FORM

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YOUR DETAILS ▶

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Dr Mr Mrs Miss Other

First name:

Surname:

Job title:

Speciality:

Trust / Organisation:

Email address:

Post address:
(work preferred)

Postcode:

Telephone no:

Any special reqs:

Signature: Date:

COURSE FEES ▶

£85

PAYMENT DETAILS ▶

By Credit Card: If you are paying by credit or debit card, please **BOOK ONLINE** using our secure payment gateway.

By Cheque: Please make cheques payable to **Leeds and York Partnership NHS Foundation Trust**.

By Invoice: Requests to pay by invoice must be accompanied by a copy of your Trust or organisation's official purchase order. Please email your purchase order to **andrewsimscentre.lypft@nhs.net** with your booking form.

Trust / Organisation:

Purchase Order no:

By BACS: For payments in £ only.

Account number: 12313286 Sort code: 08-33-00

Trusts/organisations: Please email **andrewsimscentre.lypft@nhs.net** with your BACS/RFT remittance advice and the event name, date, and delegate name(s).

Individuals: Please use payment reference **ASC061115-"your name"** and email **andrewsimscentre.lypft@nhs.net** with your booking form and date of payment.

LEEDS AND YORK PFT STAFF ▶

Your budget holder must complete the section below for your application to be accepted. If you do not attend, and do not cancel your place in advance, you will be charged the full course fee for non-attendance. **Note to budget holders: non-attendance will be charged to your budget code.**

Budget holders name:

Budget holders job title:

Budget holders email address:

6 digit budget code:

Budget holders signature:

HOW TO BOOK ▶

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WORKSHOP CHOICES ▶

Please state your session preferences

Session 1: 1st choice 2nd choice

Please note that workshop sessions may be limited in capacity, and will be allocated in advance on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our workshops. Workshops are also subject to change.

PAYMENT METHODS ▶

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

THE VENUE ▶

The Met Hotel is approx. 2 minutes walk from Leeds city train station. If you are travelling by car, please note that The Met has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

CONFIRMATION OF RESERVATIONS ▶

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY ▶

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £10). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION ▶

For further information visit **www.andrewsimscentre.nhs.uk** email **andrewsimscentre.lypft@nhs.net** or call 0113 855 5638. If you are visiting our website, **why not book online?**

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Cloudspotting Ltd according to the Data Protection Act 1998. If you would like further information about this please contact us.

Your personal information will be used by the ASC to process your application to attend our events and to keep you informed of ASC and LYPFT events and activities. If you no longer wish to receive information about our activities, please tick this box

Your personal information may be made available to selected event co-partner organisations, or to companies sponsoring or exhibiting at our events. If you do not want your details to be made available to our third-party partners, please tick this box

LYPFT reserves the right to change the programme without prior notice. Where for any reason beyond its reasonable control the LYPFT cancels an event, the liability of the LYPFT shall be limited to a refund of the fee payable to the LYPFT for that particular event.

FOR ASC OFFICE USE ONLY:

Booked in Date:

Payment ref: